

# State Employee Insurance Plan

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List of [Central Management Services](#) [8] (CMS) publications regarding claims, rates, and HIPPA guidelines.

## [Maintenance Medication Program](#) [11]

The MMP allows Plan Participants to obtain a 61-90 day supply of maintenance medication for two retail co-payments. High blood pressure, high cholesterol, and birth control are examples of maintenance medication. [CVS-Caremark](#) [12] is the new Prescription Benefit Manager (PBM) for participants enrolled in the Quality Care Health Plan (QCHP), Self-Insured Managed Care Health Plans - Coventry Health Care OAP and HealthLink OAP.

[Click here](#) [13] for more information from Central Management Services.

## [Opting Out](#) [14]

[Public Act 92-0600](#) [15] (Opt Out) enables State of Illinois full-time employees, retirees/annuitants, and survivors to elect not to participate in the health, dental, and vision coverage of the [Group Insurance Program](#) [8] if proof of other major medical coverage can be provided.

## [Privacy Practices \(HIPAA\)](#) [16]

This document describes how your medical information may be used and disclosed and how you can get access to this information.

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